Activity For Kids:

Puffy Paint



The first time I saw puffy paint in action was when I first started Playcentre with my son. All the kids were excited and engaged with the puffy paint activity.

It was also fun microwaving the puffy paint and seeing what it looks like.

This is a simple activity that does not require a lot of supplies.

What you'll need

- Food Coloring
- Salt
- Self-raising flour
- Cardstock
- Water

Kids will learn about:

Sensory Colour Recognition Science Creativity

Categories:

Sensory Indoor Art

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Steps

1. Combine the salt, flour and food coloring in a few little bowls each.

Ingredients:

- 1 tablespoon self-raising flour
- A few drops of food colouring
- 1 tablespoon salt
- Water
- 2. Add a bit of water to each bowl and mix
- 3. Let your kids paint on thick paper or cardboard

4. Microwave each picture for 10 to 30 seconds each