

# Squeezing An Orange

## Prewriting Activity

This activity is an excellent activity to strengthen the muscles of your kids hands, which is an important step to developing pre-writing skills.

Plus you get yummy juice to drink at the end.

### What you'll need

- Jug
- Oranges

### Steps

1. Cut the oranges in half
2. Supply the oranges and jug to your child
3. Show them how to squeeze the juice from the oranges with their hands or use a citrus juicer

#### Kids will learn about:

Fine Motor Skills

#### Categories:

Indoor

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