#### **Activity For Kids:**



# Gross Motor Robot Movement Game

I like this activity because it practices your kid's gross motor skills, it teaches them to follow directions, and it's cheap and easy to do.

It's also very simple: You just write commands on popsicle sticks, and tell your kids you're going to play a game where they "move like a robot".

## What you'll need

- Permanent Marker
- Popsicle Sticks

#### Kids will learn about:

Gross Motor Skills Cognition

Categories:

Indoor

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### Steps

1. Write one command on each popsicle stick.

Examples: go forward five steps, move in a circle, dance break, sit down, stand up.

2. Read one command at a time to your kids.

Pick a stick, or ask your kid to pick a stick, then read the command to them. Show them how to move like a robot.